

Treatment Menu

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Open:
 Monday 9 to 5.30
 Tuesday 9 to 7:30
 Wednesday 9 to 5.30
 Thursday 9 to 7:30
 Friday 9 to 5.30
 Saturday 9 to 3.00

FACE

ENVIRON VITAMIN INTENSIVE FACIALS

Environ skincare founded by world renowned plastic surgeon, Dr. Des Fernandes, pioneered the use of varying effective doses of Vitamin A and combined it with vital antioxidant Vitamin C. The result is a powerful skincare range targeted at repairing and restoring vitality to all types of damaged skin.

Revitalising facial: 60 mins, \$125

This facial will be custom-designed to suit your needs, using advanced peeling methods and vitamin infusions to target pigmentation, lines and wrinkles, collagen and moisture levels to give you maximum results. Suitable for all skin types.

Advanced skin peeling: 30mins, \$66

Environ has seven professional peels that your therapist will choose from to give maximum results. Advanced skin peeling helps to smooth, refine and decongest the skin.

Deep Cleanse: 60mins, \$95

Specifically designed for problematic skin using vitamin A and high strength antioxidants to help clear breakouts and fight infection.

Environ Facial add-ons:

Vitamin A eye treatment, \$25: an intensive anti-ageing treatment to strengthen the delicate eye area
 Vitamin C Neck and Décolletage treatment, \$25: For sun damaged, pigmented skin

SIRCUIT SKIN FACIALS

Circuit® Cosmeceuticals goes way beyond regular topical skin care; this is skin care at the molecular level! 100% fresh, all natural skin care conceived and formulated from the "molecules up" to be clearly the most advanced anti-ageing skin care products using the latest in Chiral technology.

If its ground breaking technology you're after, Circuit Skin is it.

The Power Peel: 30mins, \$99

Not for the faint hearted, this serious skin care treatment combines two delicious high strength cosmeceutical peels to awaken the skin, stimulate cellular turnover, de-congest, rejuvenate and diminish lines and wrinkles and even out skin tone. A brilliant and intense treatment.

Red Carpet Facial: 30mins, \$129

Incorporating Cranberry enzymes and Skin Couture™, a medium strength peel formulated with 10% L-Lactic acid and 2% Retinol and Fiflow® BTX. Fiflow® BTX helps to revitalize newly exposed skin cells by infusing oxygen into the skin as well as performing as a relaxer to deliver anti-wrinkle results. A perfect pre-event pick-me-up!

Divine Intervention: 60mins, \$135

Heavenly facial customised to your skin. Provides relief for stressed skin and relaxation for a stressed mind. Customised with a choice of peels and serums for maximum results, suitable for all skin types, including oily, dry, ageing, acne and pigmented skin conditions.

Sircuit Skin Facial add-ons:

Eye treatment, \$25: 10% lactic acid, retinol and skin relaxers.
 Neck and décolletage treatment, \$25: using skin smoothing and anti-ageing peels.

SPA-STYLE FACIALS

Our Spa-style facials are developed with an emphasis on the health and balance of your skin, using the finest Australian ingredients.

Nurture facial: 60mins, \$85

A treatment specifically designed for relaxation, using herbal compresses and Boheme's signature massage. Includes a double cleanse, exfoliation, refresh, massage, hydrating or deep cleansing mask, finishing with a moisture protection.

Express Nurture facial: 30mins, \$45

A shorter version of our Nurture Facial, for those on a time limit.

MICRODERMABRASION

ClairDerm microdermabrasion, sometimes called the 'lunch time peel' is a non-invasive, gentle process of using inert crystals accelerated onto the skin's surface to abrade layers of dead and damaged skin cells, leaving your skin smoother, brighter, firmer and with a course of procedures blemish free.

At Boheme, we incorporate lymphatic drainage into every treatment to ensure a healthy glow, and we use only the best cosmeceutical skin care and sun protection for maximum results. All treatments include cleansing, lymphatic drainage, microdermabrasion, customised serum, moisture boost, SPF protection and mineral make up.

Microdermabrasion face treatment: \$110

Add Microdermabrasion to your favourite Environ/Sircuit facial: \$55
 Add Microdermabrasion to your décolletage and neck: \$25

MAKE-UP

Make up: \$70

A professional application of make up for formals, weddings, photographic or a special occasion. Includes eyelash enhancements if required.

Call out fee: \$60

Make up is available out of the salon in the Townsville area. Minimum of 6 people required.

Personal make up lesson: \$77 per hour

EYES

Bright Eyes: lash tint, brow tint and shape: \$38

Wide Eyes: lash perm and tint, brow tint and shape: \$83

Eyelash extensions: *prices on consultation*

Eyelashes tinted: \$18

Eyebrows tinted: \$12

Eyebrows shaped/waxed: \$17

Eyelash perm: \$45

HANDS

Manicure: 45mins \$47

Our manicures will give your hands and nails a well groomed look and feel. Nails filed and buffed, cuticles tidied, hands and arms exfoliated and massaged, finish with your choice of polish.

Petite manicure: 15mins \$25 (hot compress, file, buff, polish)

Add on: 30% lactic acid hand peel, \$15 for sun-damage, anti-ageing and uneven pigmentation

FEET

Pedicure: 45mins \$62

Aromatic foot bath, nails filed and buffed, cuticles tidied, soles buffed, feet massaged, finish with a polish of your choice.

Foot fetish deluxe pedicure: 60mins \$75

All of the benefits of our pedicure, with a skin refining fruit acid treatment and scrub, mask and an indulgent foot and leg massage.

Petite Pedicure: 15mins \$25 (hot compress, file, buff, polish)

BOYS

Balance boys facial: 60mins. \$85

A treatment we have designed especially for men, starting with an eyebrow groom, followed by a deep pore cleansing and conditioning skin treatment and finishing with a face, neck and shoulder massage.

Boys grooming package: 2 hours. \$170

The perfect package for any man, including our Balance facial, a clip, file and buff on finger and toe nails and a relaxation back, neck and shoulder massage.

Boys Waxing

Full leg and Speedo line: \$50

Chest wax: \$40

Arm wax: \$25

Back Wax: \$40

BODY

Body renewal: 75 mins, \$125

A unique skin treatment incorporating body brushing, hydrating cleansers, vitamins and oils to smooth away your body blues.

MASSAGE THERAPY

Essential for your wellbeing, massage is a preventative and restorative treatment. Massage promotes relaxation, soothes sore muscles, improves circulation and assists in restoring balance and the natural healing process of the body.

Your massage takes place in a professional environment, where your privacy is respected at all times.

Relaxation/Swedish

30mins: \$45 • 60mins: \$75

90mins: \$100 (90min massage includes a face cleanse and refresh)

Aromatic warm stone massage

A unique and divine experience of aromatic massage using warm stones to relax your muscles and soothe your nervous system. Your therapist will perform gentle relaxation massage using the stones in combination with stone placement to balance the chakra system.

60mins: \$90 • 90mins: 125

Pregnancy Massage: 60mins, \$77

A complete body massage using specific pre-natal techniques to help relax, increase circulation, alleviate tired muscles and reduce excess water retention. Your Boheme therapist is fully trained in pregnancy massage.

Massage add-ons: to enhance your Boheme massage experience

Body Glow: 30mins, \$48

An all over skin smoothing body scrub, improving the texture of your skin whilst increasing circulation.

Belly Bliss: 15mins, \$25

An abdominal massage helps to regulate digestion and stimulate internal organs. The abdomen is a very receptive area and also holds a lot of emotion, fear and anxiety. A very nurturing treatment using specific essential oils and hot compresses.

EAR CANDLING

A non-invasive way of removing old and troublesome blockages in the ear canal. 45-60mins. \$66

WAXING

Boheme does not recycle wax. We recommend using tea tree body wash and lotion for 3-5 days after waxing.

Body waxing

All strip wax in completed with hot towelling and soothing after wax care to minimize waxy residue left on your skin. The gentlest soft wax is used on sensitive areas such as the bikini line and underarms.

Half leg \$26

Full Bikini \$50

Full leg \$42

Underarms \$16

Bikini regular \$20

Full leg, Full bikini \$78

Bikini G-string \$28

Combos

Half leg + Bikini + Underarms \$65

Full Leg + Bikini + Underarms \$75

Full leg + Full Bikini + Underarms \$90

Eyebrows + Lip + Chin \$28

Face Waxing

Boheme uses the gentlest wax available to minimize your discomfort. Your therapist will re-apply your foundation so that you walk out feeling confident.

Eyebrows \$17

Chin \$10

Lip \$10

Sides of face \$10

Damper Packages...

Quick Escape

\$85 (1hr)

Express nurture facial
30min massage

Surrender

\$135 (1.75hrs)

Nurture facial
Pedicure

Relax

\$165 (2hrs)

60 minute massage
Nurture facial
Belly Bliss

The Half Day

\$325 (Approx 4hrs)

Body glow
60 minute warm stone massage
Nurture facial
Pedicure + Manicure

Please also note:

- 24 hours notice is appreciated when cancelling or rescheduling your appointment.
- Group bookings and treatments exceeding 2 hours in duration will require a pre-payment with a credit card to secure your appointment.
- Bridal make up packages require a non-refundable 50% deposit on securing your booking and full payment within one week of your wedding day.